

Samphire

Also known as:
sea asparagus

Height: 0.3-0.5m

Spread: up to 1m

Position: Full sun
or part shade



Samphire is a succulent suited to pots and garden beds but may need pruning to keep fresh and green and as it will spread rapidly.

The young, green, juicy shoots are crispy and crunchy and can be used raw in salads, or fried and served with olive oil and lemon juice. Its leaves turn pinky-purple in cooler months but are still edible.

Samphire plants are found across Australia including on the floodplains in the Riverland and Murraylands.