

# Birds

## South East bush tucker

Food	Place	Seasons	Collection	Implements	Who	Preparation	Cooking
Ducks, swans, brolga, magpie, geese	Lakes, swamps	All year except breeding time	Stalked, hunted into nets, boomerang	Nets, boomerang	Males, youth	Plucked and gutted	Cooked in coals
Galah's, pigeons, small birds	Bush, scrub	All year except breeding time	Caught by nets	Nets	Males, youth	Plucked and gutted	Cooked in underground oven
Malleefowl, turkey	Mallee scrub	All year except breeding time	Tracked, stalked	Nets, sticks	Males	Plucked and gutted (feathers kept)	Cooked in underground oven
Emu	Grassland, scrub	All year	Tracked, stalked	Spear, club, nets, boomerang	Males	Plucked and gutted	Cooked in underground oven

# Eggs



Food	Place	Seasons	Collection	Implements	Who	Preparation	Cooking
Swan, duck	Ground reed nests	Winter, Spring	Gathered	Bags, dishes	Family	No preparation	Eaten raw, boiled
Birds	Trees	Spring	Gathered	Bags, dishes	Family	No preparation	Eaten raw, boiled
Turtle	Wetland edge	Spring	Gathered	Bags, dishes	Family	No preparation	Eaten raw, boiled
Emu	Scrubland	Late Autumn, early Winter	Gathered	Stick, dilly bag	Family	No preparation	Cook on coals or ashes

Natural Resources South East acknowledges and respects the traditional owners of the ancestral lands of the South East. We acknowledge elders past and present and we respect the deep feelings of attachment and relationship of Aboriginal peoples to country. Doug Nicholls is acknowledged for providing the South East bush tucker information presented in this chart. Images courtesy of Kathy Bell and DEWNR. Disclaimer: While all due care has been taken in this information, contributors to this publication will not guarantee the publication is without flaw and therefore disclaim all liability for any errors or omissions, loss, damage or consequence which may arise from any information given in this publication. © Natural Resources South East 2014

CAUTION: Some plants are poisonous and extreme care must be taken. Do not eat bush food plants without being shown by an experienced person.