

FIND AND FEEL

A sensory scavenger hunt

HOW TO USE

In botanic gardens, there are lots of things to see, smell, listen to and gently feel. Remember to **touch gently**, and **return anything you pick up to where you found it**.

Use this sensory scavenger hunt to wander the garden with curiosity, using your senses to notice the many ways plants, animals and people share this space. Visit us again or complete this task back at your home, or in your own community if you can't find and feel everything in one day.

Tick off each experience as you find it and take note of how it might make you feel from connecting with nature around you!

Find a place where trees provide protection from the sun, the rain, and the wind

Find a leaf that has two different colours on it

Find a plant that you have used before in cooking

Find evidence that animals or insects have visited a place

Find a place where you can hear three different bird calls

Find a plant that smells nice to you

Find some water that you can see reflections in

Find something growing in a place you wouldn't expect

Find a spot where the sunlight creates interesting patterns through the leaves and watch it for one minute

Find a plant you would take with you if you travelled to Mars

Find a tree you would make your home if you were an animal who lived in the Botanic Garden

Find a place where you can hear the sounds of running water